

46th Annual Hancock Cross Country Invitational

Course Tours: For local teams we are asking that you tour the course on Tuesday, Wednesday, and Thursday, September 23-25. Out of town teams will be able to tour the course on Friday, September 26. This is per request of the St. Louis Parks Dept.

Parking: Our staff and Park Rangers will handle parking this year. Please enter from the Broadway entrance to the park. The Rangers will direct you where to go and our workers will give each bus and coach a number. The coach must bring that number to the pavilion and your bus then will be directed to the pick up area. Do not send any students to get your bus, coaches only.

- **Remember all entries must be in by September 22nd.**
- **Changes can be made in advance or the day of the race.**
- **In case of bad weather, Varsity races will be made up on the following Monday. J.V. races will be made up on a later date.**

Thank You

Mitch Fusco

Assistant Cross Country Coach/Meet Director

46th Annual Hancock Cross Country Invitational

September 27, 2008

Schedule of Events

8:00a.m.	J.V. Girls (3A-4A)
8:30a.m.	J.V. Girls – (1A-2A)
9:00a.m.	Varsity Girls – Barker Division (1A-2A)
9:30a.m.	Varsity Girls - Hartman Division (3A)
10:00a.m.	Varsity Girls – Borsa Division (4A)
10:30a.m.	Varsity Boys – Barker Division (1A-2A)
11:00a.m.	Varsity Boys – Hartmann Division (3A)
11:15a.m.	Girls Awards Ceremony
11:30a.m.	Varsity Boys – Borsa Division (4A)
12:00noon	J.V. Boys – (1A-3A)
12:30p.m.	J.V. Boys – (4A)
12:45p.m.	Boys Award Ceremony

Distribution of Awards

Individual

Varsity Races	Medals to top 30 finishers
J.V. Races	Medals to top 20 finishers

Team

Varsity Races	Trophies to top 3 teams
J.V. Races	Trophies to top 2 teams

Entry Fee

- \$50.00 per Varsity Team (5-7 runners) or \$10.00 per Varsity runner.
- \$45.00 per J.V. team (5-7 runners) or \$10.00 per J.V. runner. (J.V. races are unlimited)

- In the J.V. races, the medals will be given out as the runners exit the chute.

9:00 AM	0.0 mi	■ Depart Salem on SR-37 [S Broadway] (North) for 43 yds
9:00 AM	0.1 mi	Turn LEFT (West) onto US-50 [W Main St] for 1.6 mi
9:03 AM	1.6 mi	Take Ramp (RIGHT) onto I-57 for 20.2 mi towards I-57
9:20 AM	21.8 mi	Take Ramp (RIGHT) onto I-64 for 65.7 mi towards I-64 / St Louis
10:15 AM	87.5 mi	Turn RIGHT onto Ramp for 0.3 mi towards I-255 / US-50 / Chicago / Memphis
10:16 AM	87.8 mi	Keep RIGHT to stay on Ramp for 0.5 mi towards I-255 / US-50 / Memphis
10:16 AM	88.2 mi	Keep RIGHT to stay on Ramp for 0.4 mi towards I-255 / US-50 / Memphis
10:17 AM	88.6 mi	Take Ramp (LEFT) onto I-255 [US-50] for 17.6 mi towards I-255
10:31 AM	104.9 mi	Entering Missouri
10:32 AM	106.2 mi	At exit 2, turn RIGHT onto Ramp for 0.3 mi towards MO-231 / Telegraph Rd
10:33 AM	106.5 mi	Turn RIGHT (North) onto SR-231 [Telegraph Rd] for 1.1 mi
10:35 AM	107.6 mi	Turn RIGHT (South-East) onto Jefferson Barracks Dr for 0.2 mi
10:36 AM	107.8 mi	Road name changes to Sherman Ave for 0.4 mi
10:37 AM	108.2 mi	Turn LEFT (North) onto Randolph Rd for 174 yds
10:38 AM	108.3 mi	Turn LEFT (North) onto Gregg Rd for 0.6 mi
10:40 AM	108.9 mi	Turn RIGHT (East) onto Local road(s) for 0.1 mi
10:41 AM	109.0 mi	■ Arrive Jefferson Barracks Historical Park

Salem to Jefferson Barracks Historical Park

109.0 miles; 1 hour, 41 minutes

